



BCAA IPH AVN®

AMINO ACID

PEPTIDE COMPLEX

PHARMA SPORT The **BCAA** is a unique complex composed of three essential amino acids: Isoleucine, Leucine and Valine.

These amino acids are not self-synthesized by the body, so they must be provided from external sources.

The **BCAA complex** is a highly effective product for sports enthusiasts.

# IPH AVN is a peptide complex specially created for the vascular system.

It strengthens the internal walls of blood vessels, increases their endurance and resistance to intense training.

The IPH AVN peptide complex is quickly digested and transported to its destination.



# THE IPH AVN PEPTIDE COMPLEX EFFECTIVELY PROTECTS THE BLOOD-CIRCULATORY SYSTEM

The BCAA product is enriched with the IPH AVN peptide complex, which helps professional athletes maintain a healthy circulatory system.

The peptide strengthens the inner walls of the vessels and protects them from negative effects of intense training.



### **BCAA IPH AVN®**

# THE IPH AVN PEPTIDE COMPLEX INCREASES VASCULAR ENDURANCE



Now your circulatory system is ready for intense physical activity.

Regular administration of the IPH AVN peptide complex increases stability of the circulatory system and significantly reduces the risk of heart problems during workouts.



AMINO ACID PEPTIDE COMPLEX — 5

# THE IPH AVN PEPTIDE COMPLEX IMPROVES BLOOD CIRCULATION DURING PHYSICAL EXERCISE

Athletes who consume the IPH AVN peptide complex improve venous outflow by reducing the need of the heart muscle in oxygen, which positively affects blood circulation during physical exercise. Moreover, the peptide complex improves regional circulation, which means nutrition and growth of muscle fibers.







## THE IPH AVN PEPTIDE COMPLEX SLOWS DOWN AGEING PROCESSES

Clinical tests have shown that the IPH AVN peptide complex is beneficial to the vascular tone and elasticity and slows down ageing processes of the body. The peptide reduces the impact of external factors and thus serves as excellent heart disease prevention.









### **BCAA IS THE MAIN BUILDING** MATERIAL FOR MUSCLES

Muscles consist up to 90% of protein while proteins are composed of amino acids.

The amino acids L-leucine. L-isoleucine and L-valine are the main building blocks of the muscle tissue.

The BCAA complex has enjoyed a lot of success among stars of bodybuilding and many weight room enthusiasts.

It should be recommended to become part of an athletic diet of anyone who wants to build muscle mass and have a beachready body.





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### BCAA REDUCES THE CATABOLIC FFFFCT

The more intense you train, the more your muscles need L-leucine, L-isoleucine and L-valine.

BCAA allows you to quickly repair the damaged muscles after training.

# BCAA IS A SOURCE OF ENERGY

If you reduce the previous volume of exercise due to fatigue, the muscles get quickly adapted to this reduced training amount and stop consuming more energy, and therefore, growing.

BCAA prevents fatigue and gives the body the necessary energy, which is indispensable for productive workouts.

### **BCAA IPH AVN®**

## BCAA INTENSIVELY BURNS FAT AND SUPPRESSES EXCESSIVE APPETITE



Amino acids by influencing the body in a simultaneous way normalize the fat metabolism and increase the level of leptin, which is responsible for appetite and body weight. Now, in order to effectively lose the fat mass, you will only need to consume the BCAA complex.



AMINO ACID PEPTIDE COMPLEX — 13

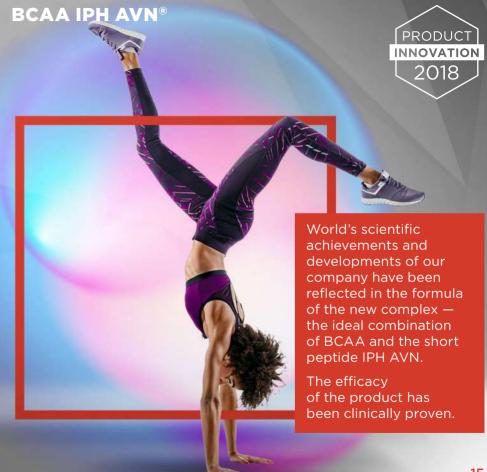
## BCAA HAS A POSITIVE EFFECT ON THE INSULIN SECRETION

Sugar in the blood provides nutrition to muscle cells.



Administration of BCAA after training contributes to the production of insulin, which improves the transportation of glucose and other nutrients to the muscles.

Insulin produces a strong anabolic effect.



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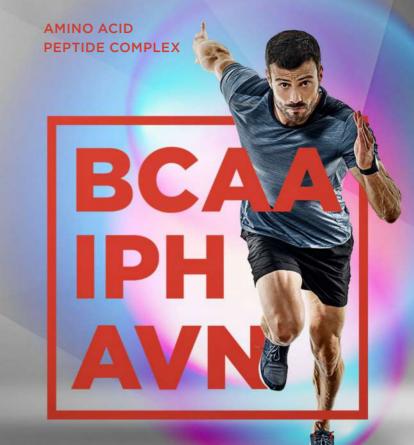
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